# EST 1994

# **MEATBAR**

DINNER

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#### Our Meat

The meat preparation process here at MeatBar is an accurate meticulously maintained procedure. First and foremost, we exclusively work with beef derived from heiferettes; this ensures only the best, highly marbled meat is used.

The cuts themselves are carefully handpicked on a daily basis. Only those which suit the MeatBar standard may suseqently advance to begin the in-house againg process.

### CUTS ON THE BONE

Per 100g According to available weights Served with a side dish of your choice

> **New York** 56 Sirloin cut on the bone

**T-Bone** 60 Sirloin and Tenderloin on the bone

**Porterhouse** 62 Sirloin and Tenderloin on the bone

**Prime Rib** 64 Entrecote cut on the bone

#### STEAKS

**Sirloin** 300g 192 **Entrecote** 300g 204 **Beef Fillet** 250g 219 **Lamb Chops** 3/5 pcs 168/264

# MAIN COURSE

Side Dishes French fries / Mashed potatoes / Potato crumble / Fried cauliflower / Green beans / Green salad / Meatbar salad

Schnitzel 86

Breaded chicken breast

**Chicken Breast** 84

Marinated with herbs

**Pullet Steak** 89

Chicken steak prepared on the grill served with BBQ Sauce

Salmon Fillet 128

In lemon grass glaze

Sea Fish Fillet 138

Fish stock, tomato butter and Pernod

**Chorizo Sausage** 92

In-house crafted from selected premium cuts

Tomato Pasta 86

Sweet cherries, confit garlic, chili, sage, basil, parmesan

Soft drinks 15 | Perrier / Evian 750 ml 32 | 1/3 Weihenstephan 30 | 1/3 Estrella Damm 29 | Goldstar 26 | Becks 24 | Noam 32

#### WINE

#### White

**Côtes du Rhone** 42/168 La Gardine | Rhone Valley, France.

**Shvo Sauvignon Blanc** 48/192 *Shvo Vineyards* | *Upper Galilee*, *Israel*.

Sancerre 50/200
Pascal Jolivet | Loire Valley, France.

Chablis Le Finage 52/208 La Chablisienne | Bourgogne, France.

Rosé

Minuty M Rosé 48/192 Minuty | Provence, France.

#### Red

**Côtes du Rhone Vilage** 44/176 La Gardine | Rhone Valley, France.

**Yiron** 46/184 **Galil Mountain** | Upper Galilee.

**Yarden Cabernet Sauvignon** 54/216 **Golan Heights Winery** | Golan Heights, Israel.

> Amarone 56/224 Zenato | De la Valpolicella, Italy.

Petit Castel 58/232 Domaine du Castel | Judea Mountains, Israel.

**Châteauneuf-du-Pape** 64/256 **Chateau de La Gardine** | Rhone Valley, France.

#### STARTERS

Bread & Butter 24 / Pickled plate 16 / Tahini 12 / Spicey plate 18

#### Carpaccio of Beef Fillet 72

Thinly sliced beef fllet raw in olive oil, aged balsamic vinegar, Parmesan and Basil

# Sirloin Strip 89

Roasted Sirloin in Japanesse based Carmel Toffee sauce

### **Chicken Liver Terrine** 46

Baked in Cassis and Red Port wine, served with pear cont

#### **Chorizo Sausage** 48

In-house crafted from selected premium cuts

# Egg Salad 44

With fried onions, Schmaltz and years of tradition

# Baladi Eggplant 58

Served with tahini, tomato salad, green chili, coriander and "Hameiri" cheese

### Shrimp 74

Fish stock, white wine, tomato - butter, coriander and garlic

#### Sea Fish Ceviche 72

Avocado, olive oil, lime, chili, coriander on tomato vinaigrette

# **Cherry Tomato & Bouche** 56

A mix of Tomatoes, Bouche cheese and Avocado

#### Garden Greens 64

A mix of lettuce and endive, carmelized peacans, Saint Maure cheese, served with citrus vinaigrette sauce

# "Shuk" Salad with Hameiri Cheese 68

"Shuk" vegetables with olive oil, lemon juice and Hameiri cheese

#### Caesar Salad 62

Lettuce hearts, croutons in Caesar dressing, Parmesan

# BURGER

# Hamburger 250 g 92

Served on a bun with vegetables

# Wine Burger 250 q 98

Red wine & beef stock, roasted mushrooms, served with bone marrow

# Toppings

Fried onions / Mushrooms / Gouda cheese / Eggs Sunny side up - 10 Lamb Bacon / Bouche cheese - 15

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